




January		Monday	Tuesday	Wednesday	Thursday	Friday
January 5-9	Soup	Turkey Corn Chowder/ Beef Barley	Chicken Tortilla/Corn Chowder	Chicken Pot Pie/ Chicken Noodle Soup	Chicken Noodle Minestrone	Chicken Tortilla Soup/ Chili with Beans
	Pick Two	Choice of Any Two: Half of a Featured Daily Café Sandwich / Small Soup / Salad of the Day				
	Hot Option	Chicken Fingers	Taco Tuesday	Chicken Penne Ala No Vodka	Wings Galore	Pizza
	Featured Salad	Pasta Caprese	House Salad	Asian Salad	Cold Noodles Salad	Greek Salad
	Featured Wrap & Sandwich	B/L/T Sandwich	Meatball Parmesan	Fresh Mozzarella/Sundried Tomatoes Prosciutto	Italian Meatball Wrap	Chicken Parmesan Wrap
January 12-16	Soup	Corn Chowder Beef Barley	Chicken Noodle Soup /New England Clam Chowder	Corn Chowder/ Chicken Pot Pie	Chicken Noodle/ Manhattan Clam Chowder	Chicken Tortilla Soup/ Corn Chowder
	Pick Two	Choice of Any Two: Half of a Featured Daily Café Sandwich / Small Soup / Salad of the Day				
	Hot Option	Chicken Sliders with fries	Taco Tuesday	Chicken Parmesan Sandwich	Hamburgers and Hot Dogs with fries	Pizza
	Featured Salad	Mixed Green Salad	Macaroni Salad	House Salad	Pasta Caprese	Caesar Salad
	Featured Wrap & Sandwich	B/L/T Sandwich	Italian Wrap	Buffalo Chicken Wrap	Salami with Provolone Sandwich	Grilled Panini
January 19-23	Soup	MARTIN LUTHER	Chicken Noodle Chili with Beans	Rice with Turkey/ New England Clam Chowder	Wild Rice with Turkey/ Beef Barley	Chicken Pot Pie/ Turkey with Rice
	Pick Two	Choice of Any Two: Half of a Featured Daily Café Sandwich / Small Soup / Salad of the Day				
	Hot Option	KING DAY	Popcorn Chicken	Baked Ziti with Garlic Bread	Bacon Chicken Melt	Pizza
	Featured Salad	NO SCHOOL	Cucumber Salad	B/L/T Pasta Salad	Caesar Salad	Asian Noodle
	Featured Wrap & Sandwich		Fresh Mozzarella and Roasted Peppers Sandwich	Buffalo Chicken Wrap	Turkey Sandwich	Grilled Panini Wrap
January 26-30	Soup	Chili with Beans Chicken Noodle	Chicken Tortilla Corn Chowder	Chicken Noodle Beef Barley	New England Clam Chowder/Minestrone	FOUNDER'S DAY
	Pick Two	Choice of Any Two: Half of a Featured Daily Café Sandwich / Small Soup / Salad of the Day				
	Hot Option	Chicken with fries	Taco Tuesday	Pulled Pork with fries	Buffet Day	NO SCHOOL
	Featured Salad	Pasta Caprese	House Salad	Original Salad	House Salad	FOUNDER'S DAY
	Featured Wrap & Sandwich	Chicken Parmesan Wrap	Meatball Parmesan	Marinated Grilled Chicken Wrap	B/L/T Sandwich	NO SCHOOL

Assorted Muffins: \$1.75
 Chicken Sliders: \$5.25
 Chicken Sandwich: \$5.25

All other lunches, including "Pick Two": \$5.00
 Bagel with Butter or Cream Cheese: \$1.75
 Fresh Fruit (Apples or Oranges): \$1.00

Pizza: \$2.00
 Pizza & Fries: \$4.00

A cold-water dispenser with cups is available to all students during every lunch period without charge.